

- UPHILL
- BOOT PACK
- DOWNHILL



• DURING BOOT PACKS, SKIS MUST BE SECURELY ATTACHED TO YOUR PACK

! HELMETS MUST BE WORN BY ALL ENTRANTS !

TRANSCEIVER (TURNED ON) · SHOVEL · PROBE OR PROBE POLES · WIND SHELL · PACK

- IF YOU DO NOT FINISH THE COURSE, ALERT A RACE OFFICIAL
 - · JHMR REQUIRES ALL SKIS HAVE BRAKES OR LEASHES

THE FOLLOWING MUST BE CARRIED BY ALL ENTRANTS: